

## How to get the Attestation of SIAF Italia

It is possible to enroll at SIAF Italia as a G.E.D. (General Educational Development) or otherwise called in Italian "*privatista*". G.E.D. are those professionals who pursue a private practice in the field of counseling, naturopathy, art therapy and all holistic disciplines; they must be already in a position to qualify for membership to the Association.

### ENROLMENT CRITERIA IN THE REGISTERS OF SIAF ITALIA

Admission to membership includes an evaluation and an assessment of the training titles obtained together with the possession of the required professional qualifications. Application for membership must include the specification of the degree of registration to SIAF Italia and the required documentation. Acceptance of the requirements claimed by the applicant is a prerogative of the Examining Commission.

The nominee will receive a communication of the achieved evaluation and, in the case of a successful application, the date and content of the exam. The new member will receive the registration code plus the attestation of the level (Basic, Professional, Trainer or Supervisor). All new members will be posted on the website of SIAF Italia with the reference region and the contact section. Family Harmonizers, Counselors, Holistic Counselors, Naturopaths, Art Therapists and Holistic Operators with a Basic, Professional, Trainer and Supervisor level will have their own presentation space with the opportunity to narrate their training together with their area of specialization (for example, "expert in organizational counseling" or "training and research", or "family and groups", etc.).

### ENROLMENT CRITERIA IN THE REGISTER OF FAMILY ARMONIZER

- 1) Upper Secondary Educational Diploma or a Graduation Diploma
- 2) Specialized Diploma (of which at least 1500 hours of training including 350 hours of internship valid for professional practice)  
Areas of knowledge: sociological and/or relational (attention, listening, observation, empathy, language), pedagogical and/or developmental (emotion management, awareness, self-esteem, equilibrium/harmony, empowerment, experiential workshops), philosophical and / or anthropological .
- 3) At least 80 hours of didactic supervision (at the training institution)
- 4) At least 70 hours of personal or group pathway (counseling, psychotherapy, self help groups, etc.)
- 5) At least 3 years of training

### ENROLMENT CRITERIA IN THE REGISTERS OF HOLISTIC COUNSELOR

- 1) Specialized diploma of at least 1500 hours of training (Holistic Counselor Diploma or a Diploma of pedagogy and/or clinical pedagogy);  
Areas of knowledge: sociological and/or relational (attention, listening, observation, empathy, language), pedagogical and/or developmental (emotion management, awareness, self-esteem, equilibrium / harmony, empowerment, experiential workshops), philosophical and / or anthropological .
- 2) Upper Secondary Educational Diploma or a Graduation Diploma;
- 3) At least 80 hours of didactic supervision (at the training institution)
- 4) At least 70 hours of personal or group pathway (counseling, psychotherapy, self help groups, etc.)
- 5) At least 3 years of training

### ENROLMENT CRITERIA IN THE REGISTER OF COUNSELOR

- 1) Specialized Diploma in Counseling of which at least 1500 hours of training including 350 hours of internship valid for professional practice)

Areas of knowledge: sociological and/or relational (attention, listening, observation, empathy, language), pedagogical and/or developmental (emotion management, awareness, self-esteem, equilibrium/harmony, empowerment, experiential workshops), philosophical and/or anthropological

- 2) Upper Secondary Educational Diploma or a Graduation Diploma
- 3) At least 80 hours of didactic supervision (at the training institution)
- 4) At least 70 hours of personal or group pathway (counseling, psychotherapy, self help groups, etc.)
- 5) At least 3 years of training

#### ENROLMENT CRITERIA IN THE REGISTERS OF HOLISTIC OPERATOR

- 1) Lower or Upper Secondary Educational Diploma
- 2) Specialized diploma in at least one of the bio-natural disciplines and/or in at least one of the holistic disciplines referred to the Census prepared in 2007 by the Tuscany Region (hereafter).

Areas of knowledge: sociological and/or relational (attention, listening, observation, empathy, language), the biological and/or physiological (bio-natural) area.

Specialized Diploma must embrace at least 450 hours of training including 160 hours of classroom training, 130 hours of internships and 160 hours of extra teaching activities (eg 10 professional ethics, 30 hours of didactic supervision, 30 hours of individual sessions or personal growth pathway, 90 hours of individual study for the dissertation - minimum 30 pages).

- 3) At least 80 hours of didactic supervision (at the training institution)
- 4) At least 70 hours of personal or group pathway (counseling, psychotherapy etc.)

- All professionals that do not have an upper secondary school diploma must present at least 600 hours of extra teaching and 90 hours of individual study (required for the preparation of the final exam - minimum 30 pages).

#### CENSUS OF THE HOLISTIC AND BIO-NATURAL DISCIPLINES

Tuscany Region - 2007

Natural Nutrition - Algaepratic - Transactional Philosophy - Anti Aging - Anthroposophy - Artistic/Creative Techniques - Aura Soma - Ayurveda - Auricolometry - Barefooting - Bio Architecture - Biodance - Rio Apierto- Bioenergetics - Bioenergy - Biofeedback - Biosystems - Biotransenergetics - Body Armony - Body Fly - Breathwork - Floating Chamber - Sweat Lodge - Chinesiology - Chiropractic - Evolution Techniques Through Images (Photo and Cinema) - Krump Instructor - Analytical Cluster - Coaching - Succesful Communication - Sound and Music Communication - Contact Dance - Body Approach Techniques - Fire cupping session - Coreenergetics - Natural Cosmetics - Family Constellations - CranioSacral - Energy Revival Techniques Through the Crystal - Crudism - Mayr Care - Danceability - 5 Rhythm Dance - Dance of Bach Flowers - Dance of Fidhorn - Gurdjieff's Sacred Dances - Do-In - Prenatal and Perinatal Education - Enneagram - Holistic Herbal Medicine - Falun Gong - Sludge Usage Techniques - Feng-Shui - Firewalking - Flower Energy Technique - Bach Flowers - Focusing - Full Training - Human Design - I Ching - Emotional Neurological Integration (NEI) - Holistic Postural Integration - Active Meditation - Guided Meditation - Iridology - Gin Shin Do - Macrobiotic - Magnetic Energy Use Techniques - Marma Point Techniques - Holistic Massage - Anti-stress massage - Hot stone massage - Ayurveda massage - Bipolar massage - Breuss massage - Californian massage - Brush massage - Kembiki massage - Mayr massage - Pantai Luar massage - Shiridhara massage - Sound massage - Sports massage - Tantra Life - Thai Massage - Tibetan Massage - Zen Massage - Hawaiian Massage - Thandabhyangam Massage - Sea Malay Massage - Thirummù Massage - Mardana Massage - Mukhashiroabhyangam Massage - Kèsabhyngam Massage - Orthomolecular Massage - Andean Massage - Grinberg Method - Tibetan Medicine - Traditional Chinese Medicine (MTC) - Meditation - Energetic Megalithism - Oniric Design - Metaphysical Dance - Alexander Method - Bates Method - Canfora Method - Dorn Method - Feldenkrais Method - Kousmine Method - Monari Method - Rolfing Method - Zilgrei Method - Mineralogram - Morphosophia - Moxa - Nei Gong - Numerology - Ohashiatsu - Olodance - Homeopathy - On Zon Su - One Brain - Orto Bionomy

- Prana Healing - Rebalancing - Osteosopathy - Holistic Pedagogy - Positive Thinking - Pindasweda - Pilates - Polarity Power - Healing - Pranic Healing - GMCKS Method - Prana Practice - Neurolinguistic Programming PNL - Psychosynthesis - Qi Gong Qi - Shen Tao - Rabdomanzia - Radioesthesia - Radionics - Rebirthing - Indian Reflexology - Plant Reflexology - Taoist reflexology - Shiatsu - Olotropic respiration - Visual reeducation - Facial Reflexology - Shamanism - Intellectual writing and creative writing - Shantala Sexology - Neonatal Indian Massage - Self Help and Pathway for Helpers- Shiatsu Shin Tai - Sophrology - Somating experiencing - Spirituality - Taiji quan - Theater drama - Metamorphic technique - Vibrating technique - Body relaxation techniques - Dorn - Kneipp - The Reconnection - Reconnection - Theta Healing - Touch for health Trager - Positive Visualization - Trance Dance - Vega Test - Watsu - Yoga - Antigravity yoga - Jala Chikitzu - Water Life - Zen Stretching - Reiki - Support for self-reliance - Thai Chi - EFT (Emotional Freedom Techniques) - Space Clearance.

#### ENROLMENT CRITERIA IN THE REGISTER OF NATUROPATHY

1) Specialized degree in Naturopathy (at least 1500 hours of training)

Areas of knowledge: sociological and / or relational (attention, listening, observation, empathy, language), pedagogical and / or developmental (emotion management, awareness, self-esteem, equilibrium / harmony, empowerment, experiential workshops), biological, and / or physiological (bio-natural)

2) Upper Secondary Educational Diploma or a Graduation Diploma

3) At least 80 hours of didactic supervision (at the training institution)

4) At least 70 hours of personal or group pathway (counseling, psychotherapy etc.)

5) At least 3 years of training.

#### ENROLMENT CRITERIA IN THE REGISTER OF ART THERAPY

One can subscribe to the register of Art Therapy in the following areas:

- Music therapy

- Art therapy (not to be confused with the term Arts therapy that encloses all the specializations listed)

- Dance and Movement Therapy

- Theater therapy

- Drama therapy

1) Specialized degree in at least one discipline of Art therapy (at least 1200 hours of training).

Areas of knowledge: sociological and / or relational (attention, listening, observation, empathy, language), pedagogical and / or developmental (emotion management, awareness, self-esteem, equilibrium / harmony, empowerment, experiential workshops).

2) Upper Secondary Educational Diploma or a Graduation Diploma

3) At least 80 hours of didactic supervision (at the training institution)

4) At least 70 hours of personal or group pathway (counseling, psychotherapy etc.)

It should be pointed out that the Art therapist must have made a specific training course, not to be confused with the artistic or teaching pathway.

It is required a three-year training course of 1200 (at a single training institution).

Optionally, attestations concerning the training will be evaluated as follows:

- at least 600 hours on a topical artistic language through the formation of a specific technique with a three-year group course, supervision, internship

- at least 300 hours of other techniques of at least three art therapy works and ancillary topics

- at least 300 hours of theories and techniques of: communication, existing legislation in the sector, intervention planning, professional ethics.

For a total of 1200 hours of overall training.

#### INSCRIPTION LEVELS

##### BASIC LEVEL

- Upper Secondary Educational Diploma (holistic operators exempted)

- Specialized degree in a training school or 350 hours of classroom training

- 80 hours of teaching supervision

- 70 hours personal or group pathway (counseling, psychotherapy, etc.)
- Self-certification of the requisite conditions
- At least 3 years of training

#### PROFESSIONAL LEVEL

- 100 hours of continuous training
- 400 hours of professional practice
- 50 hours of professional supervision
- At least 3 years of professional experience (3 statements of good professionalism signed by customers)
- Declaration by a supervisor

We were always advised to apply for the professional, so does that mean we need now to provide 3 clients statements + supervisor letter?

#### TRAINER LEVEL

- 160 hours of training attendance for SIAF trainers or equivalent document (attach frequency attestation)
- or
- 600 hours in at least 2 years of juxtaposition in the teaching activity of a trainer (attach a teacher's attestation)
  - 100 hours of teaching supervision
  - 30 hours of professional supervision
  - At least 150 hours of professional practice / didactic activity (attach 3 course programs and / or 5 references)
  - 5 years of training experience
  - 50 hours of personal or group pathway (counseling, psychotherapy, etc.)

#### SUPERVISOR LEVEL

- 150 hours of professional upgrade
- At least 5 years of experience in supervisory
- 100 hours of didactic supervision (attach hours certification)
- 30 hours of professional supervision (attach hours certification)
- 400 hours of professional practice (attach 3 course programs and / or 5 references)
- Training Certification for Trainers
- 50 hours of personal or group pathway (counseling, psychotherapy, etc.)